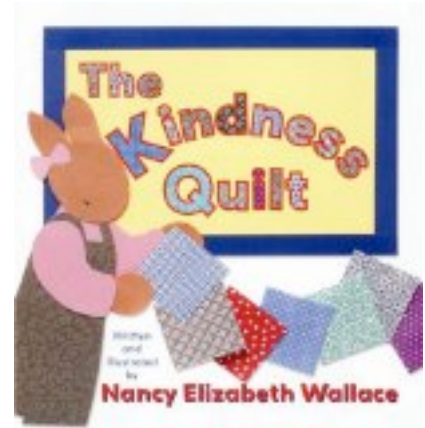


# KINDNESS QUILT

## Objective

This activity could work for almost any age group. The activity could also be conducted by several groups, then combined in a school hallway, library or other public space.



## Background

To encourage participants to think about their acts of “doing good” and sharing, and to illustrate those acts in a public display.

The idea comes from a children’s book, *The Kindness Quilt* by Nancy Elizabeth Wallace (Marshall Cavendish Corporation, 2006). Minna (a young rabbit) and her class read Aesop’s *The Lion and the Mouse* in class. The teacher asks the class to perform an act of kindness, then draw a picture of it to share with the class. Because she performs many acts of kindness, Minna cannot decide which to illustrate — so she creates a quilt of pictures. Her classmates add their pictures to the quilt, and soon the whole school gets involved and the quilt moves into the hallway, where it covers a wall with many acts of kindness.

## Supplies & Preparation

Picture drawing and collage supplies Large paper on which to glue the various pictures/items (perhaps a roll of butcher paper) Masking tape

## Activity

- Read Aesop’s fable, *The Lion and the Mouse*
- Ask the group to draw a picture of an act of kindness they have recently performed to help someone who was in need. In addition to pictures, participants could create origami or other objets d’art.
- Ask each participant to describe her/his act of kindness as they mount their picture on the large paper.
- Display the completed “quilt” in a public setting.